

Professional Growth & Development



Some bad news.

For most of us, that's not a realistic formula for a successful and rewarding career.



Most people's passions are not that connected to their education or their work. Being a passionate snowboarder, eco-traveller or rock-climbing enthusiast is, for most people, not something that builds a career.



Your passion = your career is a recipe for discontent & job-swapping.

Understand that your passions and your career are often quite different.



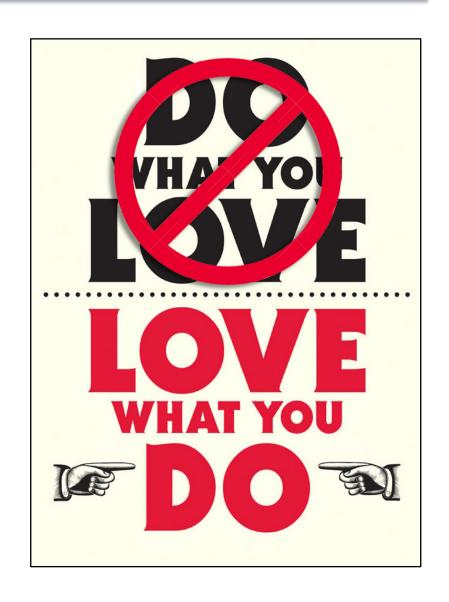
Here are five tips to a fulfilling and satisfying career ...



Time and experience can change the way we view work

There is an evolution in the way we think about work:

- initially, it's a job justsomething to pay the bills
- over time, it can feel more
 like a career a path toward
 something better
- it can become a calling a
 passion in its own right and
 a key part of our life and
 identity





PRACTICE MAKES PERSFECTION PRACTICE MAKES

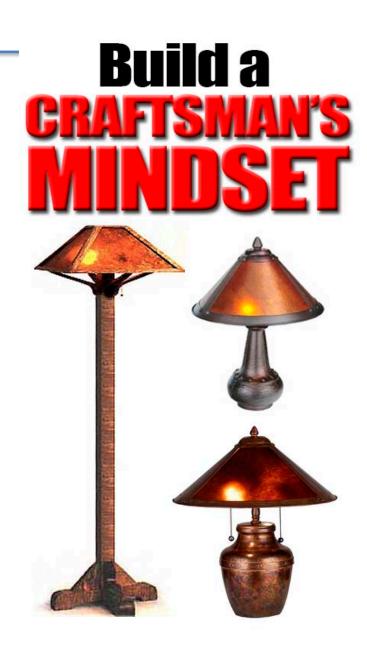
- With any job or work activity you get better over time and start to take more pride and satisfaction with your skills
- Be patient in your attitude to work passion comes
 from mastery and time



Using a passion mindset — 'What do I REALLY want?' — will only emphasize the things you **don't** like about your job

A craftsman's mindset is 'success is about quality' – whatever your field

This approach drives ongoing improvement and pride in what you do.





It takes **10,000 hours** to be an expert at almost anything

Once you're at that level, practice in ways that drive new skills and move outside your comfort zone

learn to stretch your
 abilities to new levels and places

Deliberate practice like this is the only path to real mastery.

PRACTICE HARD



MOVE OUTSIDE YOUR COMFORT ZONE





People with expert & specialized skills are highly-valued. This leads to jobs that allow for **creativity** and **control**

They're called 'career capital', and they set you apart

Work to do everything better – learning a new and valuable skill builds your career capital and prospects



You will make mistakes – big and small – They're inevitable and painful – but you learn from every one

They're part of the game – rebound and remember what each one teaches you

Learn to embrace your mistakes, not fear them – fear will only hold you back.



WHAT WOULD YOU DO IF YOU WEREN'T AFRAID OF FAILURE?



The keys to a great career attitude?

- Love what you do
- Practice and build unique skills with the focus of a devoted craftsman.
- Don't fear failure

This will build a new and practical passion for your career, whatever it may be.



Skills are a **currency** in the working world – the more you have the more you're valued

Your specialty skills are key to your profession, but there are broader core skills that are even more important

Here are seven of these broad skills ...





Communicating effectively with your peers, colleagues, bosses, customers or staff

Different formats: face-toface, phone, eMail, written pieces — say what you want or need to say, concisely, accurately and appropriately

With experience you'll learn which format fits each message



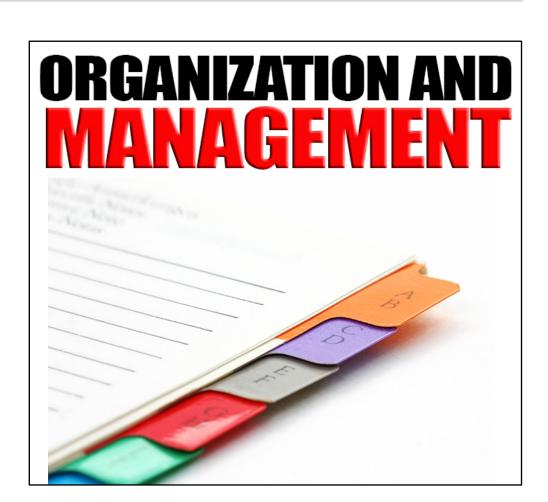


Organizational skills help you manage your time, workload and responsibilities better

They improve your work quality and reduce stress levels on the job

Two key organizational skills ...

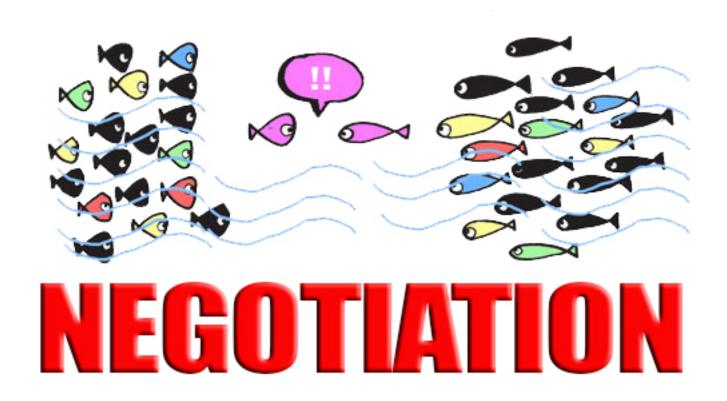
- prioritize tasks effectively
- look ahead to find solutions to developing problems





Negotiation is based on knowledge of the issues, confidence and persuasion

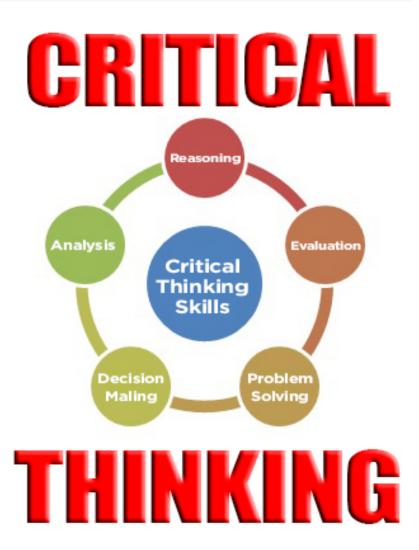
Being a patient, focused and skilled negotiator can get you a better job, higher pay, new clients or sales, and a more motivated team





Learning to understand and analyze any given environment or issue – looking at problems in a way that reveals and addresses strengths or weaknesses for each choice

With this, you're able to arrive at the right decision **faster** and to have **confidence about creative options** you might not have considered before





It's important to constantly evaluate the skills, strengths and weaknesses of the people around you and to learn how to delegate tasks and responsibilities in a way that plays to your team strengths and addresses its weaknesses

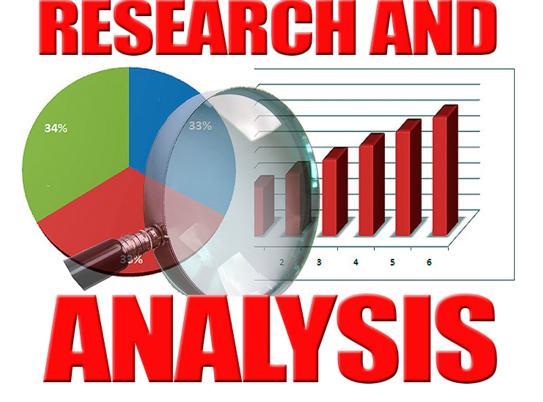
The better you work in groups as a leader or a team-member the better you'll all perform and succeed.





The ability to quickly **find, analyze and evaluate information** and to
recognize key patterns

Research on any opportunity, problem or situation and an analysis of the possiblities are key first steps to solving any problem or improving efficiency on the job





Confidence can be gained, built on and focused to improve your attitude, morale and performance

Practice builds confidence: the more you do anything the more confident you'll be in doing it

Confidence is **visible** to others and it's **catching** – people recognize your onfidence, and it builds respect for you





Key Takeaways – Attitudes





Key Takeaways – Core Skills





